






Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="margin: 0;">February 2024</h2>						
				National Freedom Day 1	Wear Red Day 2	3
				10:00 Coffee & Chronicle 11:00 Arts & Crafts 2:00 Black History Month Discussion 2:45 Afternoon Room Visits 3:00 Bingo Fun	10:00 Coffee & Chronicle 11:00 Word Search Fun 2:00 White Board Word Game 2:45 Donut Cart & Hydration Cart 3:00 Trivia Fun	9:00 Shabbat Services-GC Followed by Kiddush
World Cancer Day 4	Make Believe Monday 5	Queen's Day 6	Beatles Arrive in US 7	Jack Lemmon Day 8	Chocolate Kiss Day 9	10
Morning Activity Cart 2:00 Randy Accardi-1W	10:00 Coffee & Chronicle 11:00 Word Search Fun 2:00 Balloon Tennis 2:45 Snack & Hydration Cart 3:00 Manicure/ Tunes 5:30 Monday Trivia	10:00 Coffee & Chronicle 11:00 Chair Exercise 2:00 Room Visits 2:45 Snack & Hydration Cart 3:00 Bingo Fun	10:00 Coffee & Chronicle 11:00 YouTube Clips 2:00 Living with Faith-1W 2:00 Group Puzzle /UNO 2:45 Social Hour 3:00 Snack & Hydration Carts 6:00 Bingo-1W	10:00 Coffee & Chronicle 11:00 Group Charades 2:00 Popcorn & Movie-MA "The Long Way Home" 3:00 Bingo Fun	10:00 Coffee & Chronicle 11:00 Chair Exercise 2:00 Popcorn Game & Tunes 2:15 Oneg Shabbot-GC 2:45 Afternoon Room Visits 3:00 Name That Tune	9:00 Shabbat Services-GC Followed by Kiddush
Superbowl Sunday 11	Darwin Day 12	Pancake Tuesday 13	Ash Wednesday 14	Susan B. Anthony Day 15	Innovation Day 16	17
Morning Activity Cart 2:00 Bingo-1W	10:00 Coffee & Chronicle 11:00 Coloring Fun/ Tunes 2:00 Basketball Game-MA 2:45 Aromatherapy and YouTube Clips 3:00 Monday Music 5:30 Name that Tune	10:00 Coffee & Chronicle 11:00 Pancake Making 2:00 Bean Bag Toss 2:45 Snack & Hydration Cart 3:00 Bingo Fun	10:00 Coffee & Chronicle 11:00 Arts & Crafts 2:00 Word Search Fun 2:45 Afternoon Room Visits 3:00 Wheel of Fortune 5:30 Armchair Travel Distribution of Ashes	10:00 Coffee & Chronicle 11:00 Noodle Workout 2:00 Group UNO 2:45 Pick Your Board 3:00 Bingo Fun	10:00 Coffee & Chronicle 11:00 Americas Got Talent 2:15 Oneg Shabbot-GC 2:45 YouTube Clips 3:00 Snack & Hydration Carts	9:00 Shabbat Services-GC Followed by Kiddush
Nascar Day 18	Presidents' Day 19	Love Your Pet Day 20	Sticky Buns Day 21	Washington's B-Day 22	Purim Katan 23	24
9:00 Minyan & Breakfast-GC Morning Activity Cart 2:00 Bingo-1W	10:00 Coffee & Chronicle 11:00 Vision Boards 2:00 Game of Dominoes 2:45 Snack & Hydration Cart 3:00 Remember the Time? 5:30 Manicures & Music	10:00 Coffee & Chronicle 11:00 YouTube Clips 2:00 Name That Tune 2:45 Aromatherapy, Snack & Hydration Cart 3:00 Bingo Fun	10:00 Coffee & Chronicle 11:00 Manicures/Tunes 2:00 Healthy Living Bingo-MA 2:45 Afternoon Room Visits 3:00 Snack & Hydration Cart 5:30 Music Appreciation	10:00 Coffee & Chronicle 11:00 Arts & Crafts 2:15 Oneg Shabbot-GC 2:45 Aromatherapy & Hydration Cart 3:00 Group Family Feud	10:00 Coffee & Chronicle 11:00 Balloon Tennis 2:00 February B-Day Party-FL 2:45 Aromatherapy, Snack & Hydration Cart 3:00 You Tube Clips	9:00 Shabbat Services-GC Followed by Kiddush
Quiet Day 25	Old West Day 26	Retro Day 27	Floral Design Day 28	Leap Day 29	ATLAS AT DAUGHTERS OF MIRIAM ONE EAST	
Morning Activity Cart 2:00 Chris Brune-1W	10:00 Coffee & Chronicle 11:00 Chair Yogo 2:00 Movie & Popcorn 2:45 Current Event 3:00 Aromatherapy, Snack & Hydration Cart 5:30 Table Games	10:00 Coffee & Chronicle 11:00 Balloon Tennesies 2:00 Table Games 2:45 Snack & Hydration Carts 3:00 Bingo Fun	10:00 Coffee & Chronicle 11:00 YouTube Clips 2:00 Mass & Rosary-MA 2:45 Room Visits & Hydration Carts 3:00 Armchair Travel 6:00 Bingo-1W	10:00 Coffee & Chronicle 11:00 Arts & Crafts 2:00 Afternoon Room Visits 2:45 Snack & Hydration Cart 3:00 Bingo Fun		



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 <h2 style="margin: 0;">February 2024</h2>						
				National Freedom Day 1	Wear Red Day 2	3
				10:00 Coffee & Chronicle 11:00 Room Visits 11:30 Black History Month Discussion 2:00 Snack Time 2:45 Pick Your Board	10:00 Coffee & Chronicle 11:00 Bean Bag Toss 11:30 Move your Body 2:00 Donut Cart 2:45 Movie & Popcorn <small>Groundhog Day</small>	9:00 Shabbat Services-GC Followed by Kiddush
World Cancer Day 4	Make Believe Monday 5	Queen's Day 6	Beatles Arrive in US 7	Jack Lemmon Day 8	Chocolate Kiss Day 9	10
Morning Activity Cart 2:00 Randy Accardi	10:00 Coffee & Chronicle 11:00 Shooting Hoops 11:30 Sit & Stress 2:00 Snack Cart 2:45 Comedy Hour 6:00 Music Appreciation	10:00 Coffee & Chronicle 11:00 Tennis Hour 11:30 Movement With Music 2:00 Snack Cart 2:45 Pick Your Board	10:00 Coffee & Chronicle 11:00 Bowling Time 11:30 Chair Exercise 2:00 Living with Faith 2:00 Surprise Snack 2:45 Wednesday Social 6:00 Bingo	10:00 Coffee & Chronicle 11:00 Fishing Game 11:30 Lifting Weights 2:00 Popcorn & Movie-MA "The Long Way Home"	10:00 Coffee & Chronicle 11:00 Arts & Craft 11:30 Aromatherapy 2:00 Chocolate Surprise 2:15 Oneg Shabbot-GC 2:45 You Tube Clips	9:00 Shabbat Services-GC Followed by Kiddush <small>Chinese New Year (Year of the Dragon)</small>
Superbowl Sunday 11	Darwin Day 12	Pancake Tuesday 13	Ash Wednesday 14	Susan B. Anthony Day 15	Innovation Day 16	17
Morning Activity Cart 2:00 Bingo	10:00 Coffee & Chronicle 11:00 Manicures & Music 11:30 30-Minute Yoga 2:00 Basketball Game-MA 2:45 Social Hour 6:00 Armchair Travel	10:00 Coffee & Chronicle 11:00 Morning Pancakes 11:30 Sip & Chat 2:00 Snack 2:45 BINGO <small>Mardi Gras</small>	10:00 Coffee & Chronicle 11:00 Ring Toss 11:30 Exercise 2:00 Wow Snack Cart 2:45 Coloring at Your Table 6:00 Wednesday Trivia Distribution of Ashes <small>Valentine's Day</small>	10:00 Coffee & Chronicle 11:00 Games & Music 11:30 Aromatherapy 2:00 Snack Cart 2:45 Fun Bingo	10:00 Coffee & Chronicle 11:00 Arts & Crafts 11:30 Aromatherapy 2:00 Sweet Snack 2:15 Oneg Shabbot-GC 2:45 Lets Make Bracelet	9:00 Shabbat Services-GC Followed by Kiddush
Nascar Day 18	Presidents' Day 19	Love Your Pet Day 20	Sticky Buns Day 21	Washington's B-Day 22	Purim Katan 23	24
9:00 Minyan & Breakfast-GC Morning Activity Cart 2:00 Bingo	10:00 Coffee & Chronicle 11:00 Parachute Game 11:30 Sit & Stretch 2:00 Chips & Dip 2:45 Monday Manicure 6:00 Monday Movie <small>Presidents' Day</small>	10:00 Coffee & Chronicle 11:00 Shooting Hoops 11:30 Sit & Stretch 2:00 Snack Cart 2:45 Wow Bingo	10:00 Coffee & Chronicle 11:00 Ring Toss 11:30 Yoga Time 2:00 Healthy Living Bingo-MA 2:45 Get Social 6:00 Basketball Practice	10:00 Coffee & Chronicle 11:00 Shooting Hoops 11:30 Relax With Music 2:15 Oneg Shabbot-GC 2:45 Social Gathering	10:00 Coffee & Chronicle 11:00 Bean Bag Toss 11:30 Fun Exercise 2:00 February B-Day Party-FL	9:00 Shabbat Services-GC Followed by Kiddush
Quiet Day 25	Old West Day 26	Retro Day 27	Floral Design Day 28	Leap Day 29	ATLAS AT DAUGHTERS OF MIRIAM ONE WEST	
Morning Activity Cart 2:00 Chris Brune	10:00 Coffee & Chronicle 11:00 Popcorn Game 11:30 Exercise with Noodles 2:00 Resident Council-4th Fl. 2:45 Social Gathering 6:00 You Tube Clips	10:00 Coffee & Chronicle 11:00 Big Puzzle Game 11:30 Morning Exercise 2:00 Snack Cart 2:45 Pick Your Board	10:00 Coffee & Chronicle 11:00 Guessing Game 11:30 Chair Exercise 2:00 Mass & Rosary-MA 2:45 Music Appreciation 6:00 Bingo	10:00 Coffee & Chronicle 11:00 Games & Music 11:30 Stretch it Out 2:00 Cookie of the Day 2:45 Let Play Bingo		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="margin: 0;">February 2024</h2>						
				National Freedom Day 1	Wear Red Day 2	3
				10:00 Coffee & Chronicle 11:00 Morning Exercise 11:30 Black History Month Discussion 2:00 Surprise Snack 2:45 Let's Play Bingo	10:00 Coffee & Chronicle 11:00 Morning Stretch 2:00 Balloon Tennis 2:45 Hydration Station	9:00 Shabbat Services-GC Followed by Kiddush
					<small>Groundhog Day</small>	
World Cancer Day 4	Make Believe Monday 5	Queen's Day 6	Beatles Arrive in US 7	Jack Lemmon Day 8	Chocolate Kiss Day 9	10
Morning Activity Cart 3:00 Randy Accardi	10:00 Coffee & Chronicle 11:00 Fun Exercise 11:30 Word Search 2:00 Balloon Volley 2:45 Snack and Chat 6:30 Armchair Travel	10:00 Coffee & Chronicle 11:00 Chair Exercise 11:30 Current Event 2:00 Snack on the go 2:45 BINGO	10:00 Coffee & Chronicle 11:00 Chair Dance 11:30 Name that Song 2:00 Karaoke Sing Along 2:45 Snack and Chat 7:00 Bingo-2W	10:00 Coffee & Chronicle 11:00 Fun and Fitness 11:30 Unscramble the Word 2:00 Popcorn & Movie-MA "The Long Way Home"	10:00 Coffee & Chronicle 11:00 Morning Workout 11:30 Sports Trivia 2:15 Oneg Shabbot-GC 2:00 Card Making 2:45 Love Songs	9:00 Shabbat Services-GC Followed by Kiddush
					<small>Chinese New Year (Year of the Dragon)</small>	
Superbowl Sunday 11	Darwin Day 12	Pancake Tuesday 13	Ash Wednesday 14	Susan B. Anthony Day 15	Innovation Day 16	17
Morning Activity Cart 3:00 Bingo-2W	10:00 Coffee & Chronicle 11:00 Chair Yoga 11:30 Sip & Paint 2:00 Basketball Game-MA 2:45 Snack & Relaxation 6:30 Music Appreciation	10:00 Coffee & Chronicle 11:00 Chair Fitness 2:00 Chips & Dips 2:45 It's BINGO Times	10:00 Coffee & Chronicle 11:00 Morning Workout 2:00 Living with Faith 2:00 Surprise Craft 2:45 Love Songs 5:30 Color Trivia Distribution of Ashes	10:00 Coffee & Chronicle 11:00 Balloon Toss 2:00 Surprise Snack 2:45 Let's Play BINGO	10:00 Coffee & Chronicle 11:00 Chair Dance 11:30 Guessing Game 2:15 Oneg Shabbot-GC 2:00 Kick Ball 2:45 Reminisce with Song	9:00 Shabbat Services-GC Followed by Kiddush
		<small>Mardi Gras</small>	<small>Valentine's Day</small>			
Nascar Day 18	Presidents' Day 19	Love Your Pet Day 20	Sticky Buns Day 21	Washington's B-Day 22	Purim Katan 23	24
Morning Activity Cart 3:00 Bingo-2W	10:00 Coffee & Chronicle 11:00 Sit & Be Fit 11:30 Presidential Trivia 2:00 Movie: The Butler 2:45 Monday Munchies 6:30 Monday Musical	10:00 Coffee & Chronicle 11:00 Fitness Fun 11:30 Name that Animals 2:00 Snack Cart 2:45 BINGO Fun	10:00 Coffee & Chronicle 11:00 Basketball Practice 2:00 Healthy Living Bingo-MA 2:45 Mr. Bean Comedy 5:30 Manicures & Music	10:00 Coffee & Chronicle 11:00 Morning Exercise 11:30 Name that President 2:15 Oneg Shabbot-GC 2:45 Thursday Table games	10:00 Coffee & Chronicle 11:00 Crafty Hand Session 2:00 February B-Day Party-FL 2:45 TGIF Snack	9:00 Shabbat Services-GC Followed by Kiddush
	<small>Presidents' Day</small>					
	25	Old West Day 26	Retro Day 27	Floral Design Day 28	Leap Day 29	
Morning Activity Cart 3:00 Chris Brune-2W	10:00 Coffee & Chronicle 11:00 Morning Workout 11:30 Word Search 2:00 Resident Council-4 th fl 2:45 Surprise Snack 6:30 Name that Tune	10:00 Coffee & Chronicle 11:00 Moving & Groving 11:30 Aroma Therapy 2:00 Mini Snack 2:45 Time for BINGO	10:00 Coffee & Chronicle 11:00 Fun Exercise 2:00 Mass & Rosary-MA 2:45 Dean Martin Music 7:00 Bingo-2W	10:00 Coffee & Chronicle 11:00 Morning Exercise 11:30 Coloring to Music 2:00 Healthy Snack 2:45 Full Board	ATLAS AT DAUGHTERS OF MIRIAM TWO EAST 	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="margin: 0;">February 2024</h2>						
				National Freedom Day 1	Wear Red Day 2	3
				10:00 Coffee & Chronicle 10:30 Welcome February 11:00 Sharing Calendars 2:00 All Things February 2:30 Black History Month Talk 2:45 Afternoon Trivia/Social	10:00 Coffee & Chronicle 10:30 Morning Exercise 11:00 Painted Shadows 2:00 Red Social 2:45 Karaoke Tunes	9:00 Shabbat Services-GC Followed by Kiddush
					<small>Groundhog Day</small>	
World Cancer Day 4	Make Believe Monday 5	Queen's Day 6	Beatles Arrive in US 7	Jack Lemmon Day 8	Chocolate Kiss Day 9	10
Morning Activity Cart 4:00 Randy Accardi	10:00 Coffee & Chronicle 10:30 Morning Stretch 11:00 Table Tennis 2:00 Afternoon Bingo 2:45 Snack Cart 7:00 You Tube Clips	10:00 Coffee & Chronicle 10:30 Memory Lane 11:00 Table Puzzles 2:00 Residents Choice 2:45 Tuesday Social	10:00 Coffee & Chronicle 10:30 Aromatherapy 11:00 Easy listening 2:00 Family Feud 2:45 Snack Cart 7:00 Bingo	10:00 Coffee & Chronicle 10:30 Sing A long Hits 11:00 Word Search Pages 2:00 Popcorn & Movie-MA "The Long Way Home" 2:45 Afternoon Social	10:00 Coffee & Chronicle 10:30 Disco Music 11:00 Lantern Crafts 2:00 Year of The Dragon Social 2:15 Oneg Shabbat-GC 2:45 Sweet Tooth	9:00 Shabbat Services-GC Followed by Kiddush
					<small>Chinese New Year (Year of the Dragon)</small>	
Superbowl Sunday 11	Darwin Day 12	Pancake Tuesday 13	Ash Wednesday 14	Susan B. Anthony Day 15	Innovation Day 16	17
Morning Activity Cart 3:00 Bingo	10:00 Coffee & Chronicle 10:30 Current Events 11:00 Morning Bingo 2:00 Basketball Game-MA 2:45 Refreshments 7:00 Armchair Travel	10:00 Coffee & Chronicle 10:30 Fat Tuesday Tunes 11:00 Table Games 2:00 Fluffy Pancake Coloring 2:45 Afternoon Social	10:00 Coffee & Chronicle 10:30 Sweetheart Tunes 11:00 Heart Coloring 2:00 Living with Faith-2E 2:45 Special Treat 7:00 Surprise Table Game Distribution of Ashes	10:00 Coffee & Chronicle 10:30 Meet & Greet 11:00 TV Exercise 2:00 Canadian Flag Painting 2:45 Refreshments	10:00 Coffee & Chronicle 10:30 Current Events 11:00 Chair Exercise 2:00 Table Games 2:15 Oneg Shabbat-GC 2:45 Afternoon Social	9:00 Shabbat Services-GC Followed by Kiddush
		<small>Mardi Gras</small>	<small>Valentine's Day</small>			
Nascar Day 18	Presidents' Day 19	Love Your Pet Day 20	Sticky Buns Day 21	Washington's B-Day 22	Purim Katan 23	24
9:00 Minyan & Breakfast-GC Morning Activity Cart 3:00 Bingo	10:00 Coffee & Chronicle 10:30 Aromatherapy 11:00 Chair Fitness 2:00 Afternoon Bingo 2:45 Presidential Social 7:00 Music Appreciation	10:00 Coffee & Chronicle 10:30 50's Hits 11:00 Pet Coloring 2:00 Pets Movie 2:45 Snack Cart	10:00 Coffee & Chronicle 10:30 60's Hits 11:00 First Lady Documentary 2:00 Healthy Living Bingo-MA 2:45 Afternoon Delight 7:00 Bingo	10:00 Coffee & Chronicle 10:30 Patriotic Songs 11:00 George Wash. Word Finds 2:00 Guess the President 2:15 Oneg Shabbat-GC 2:45 Washington Social	10:00 Coffee & Chronicle 10:30 Meet & Greet 11:00 Flipping Pancakes 2:00 Friday Matinee 2:00 February B-Day Party-FL	9:00 Shabbat Services-GC Followed by Kiddush
	<small>Presidents' Day</small>					
Quiet Day 25	Old West Day 26	Retro Day 27	Floral Design Day 28	Leap Day 29	ATLAS AT DAUGHTERS OF MIRIAM TWO WEST	
Morning Activity Cart 3:00 Chris Brune	10:00 Coffee & Chronicle 10:30 Country Western Hits 11:00 Old-West Pics 2:00 Resident Council-4th FI 3:00 Afternoon Bingo 7:00 Monday Musical	10:00 Coffee & Chronicle 10:30 retro Music 11:00 Majestic Horses Coloring 2:00 History of Rodeo 2:45 Refreshments	10:00 Coffee & Chronicle 10:30 Wedding Songs 11:00 Wedding Dress Designs 2:00 Mass & Rosary-MA 2:45 Refreshments 7:00 Bingo	10:00 Coffee & Chronicle 10:30 Suzy Q Songs 11:00 Chair Exercise 2:00 Game Show Ch 2:45 Leap Day Social		

Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="font-size: 2em; margin: 0;">February 2024</h2>						
World Cancer Day 4	Make Believe Monday 5	Queen's Day 6	Beatles Arrive in US 7	National Freedom Day 1	Wear Red Day 2	3
Morning Activity Cart 2:00 Bean Bag Toss	10:00 Coffee & Chronicle 11:00 Morning Stretch 2:00 Music Relaxation 2:45 Let's Paint 6:00 Manicures & Music	10:00 Coffee & Chronicle 11:00 Winter Craft/Sensory 2:00 Cookie Cart 2:45 All About the Queen	10:00 Coffee & Chronicle 11:00 Name that Tune/Sensory 2:00 Snack Cart 2:45 All About the Beatles 6:00 Reminiscing Videos	10:00 Coffee & Chronicle 11:00 Exercise Hour 11:30 Black History Month Discussion 2:00 Snack time 2:45 Table Games/Sensory	10:00 Coffee & Chronicle 11:00 Arts and Crafts 2:00 Donut Cart 2:45 Game Show Hour/Sensory <small>Groundhog Day</small>	9:00 Shabbat Services-GC Followed by Kiddush
Superbowl Sunday 11	Darwin Day 12	Pancake Tuesday 13	Ash Wednesday 14	Jack Lemmon Day 8	Chocolate Kiss Day 9	10
Morning Activity Cart 2:00 Scott Giaquinto	10:00 Coffee & Chronicle 11:00 Let's get Moving 2:00 Basketball Game-MA 2:00 Sensory Video 2:45 Ambient Sounds 6:00 Bean Bag Toss	10:00 Coffee & Chronicle 10:30 Let's Make Pancakes 11:00 Family Feud 2:00 Cookie Cart 2:45 Sensory Video <small>Mardi Gras</small>	10:00 Coffee & Chronicle 11:00 Name that Tune/Sensory 2:00 Snack Cart 2:45 All About the Beatles 6:00 Reminiscing Videos <small>Valentine's Day</small>	10:00 Coffee & Chronicle 11:00 Morning Tunes/Sensory 2:00 Popcorn & Movie-MA "The Long Way Home"	10:00 Coffee & Chronicle 11:00 Chair Dance 2:00 Comedy Hour 2:15 Oneg Shabbot-GC 2:45 Table Games/Sensory	9:00 Shabbat Services-GC Followed by Kiddush <small>Chinese New Year (Year of the Dragon)</small>
Nascar Day 18	Presidents' Day 19	Love Your Pet Day 20	Sticky Buns Day 21	Susan B. Anthony Day 15	Innovation Day 16	17
9:00 Minyan & Breakfast-GC Morning Activity Cart 2:00 Deb Delucca	10:00 Coffee & Chronicle 11:00 Morning Trivia/Sensory 2:00 You Tube Clips 2:45 Presidential Documentary 6:00 Manicures & Music <small>Presidents' Day</small>	10:00 Coffee & Chronicle 11:00 Morning Music/Tactile Fun 2:00 Snack Cart 2:45 Sensory Pet Videos	10:00 Coffee & Chronicle 11:00 Let's Get Moving 2:00 Healthy Living Bingo-MA 2:00 Sensory Games 2:45 Movie Cinema 6:00 Archair Travel	10:00 Coffee & Chronicle 11:00 Morning Stretch 2:00 Snack Cart 2:45 Adult Coloring/Sensory	10:00 Coffee & Chronicle 11:00 Board Games/Sensory 2:00 Music Tunes 2:15 Oneg Shabbot-GC 2:45 Ambient Scenery	9:00 Shabbat Services-GC Followed by Kiddush
Quiet Day 25	Old West Day 26	Retro Day 27	Floral Design Day 28	Washington's B-Day 22	Purim Katan 23	24
Morning Activity Cart 2:00 Shooting Hoops	10:00 Coffee & Chronicle 11:00 Arm Chair Stretch 2:00 Table Puzzles/Sensory 2:45 Western Movie 6:00 Ring Toss	10:00 Coffee & Chronicle 11:00 Retro Fitness/Sensory 2:00 Snack Cart 2:45 Retro Music and Fun	10:00 Coffee & Chronicle 11:00 Table Games/Sensory 2:00 Mass & Rosary-MA 2:45 Adult Coloring 6:00 Music Appreciation	10:00 Coffee & Chronicle 11:00 Chair Yoga/Sensory 2:00 Cookie Cart 2:15 Oneg Shabbot-GC 2:45 Adult Coloring/Tactile Fun	10:00 Coffee & Chronicle 11:00 Jazz Relaxation/Sensory 2:00 February B-Day Party-FL 2:45 I Love Lucy	9:00 Shabbat Services-GC Followed by Kiddush
Leap Day 29						ATLAS AT DAUGHTERS OF MIRIAM THIRD FLOOR 

Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="margin: 0;">February 2024</h2>						
				National Freedom Day 1	Wear Red Day 2	3
				10:00 Coffee & Chronicle 11:00 Aromatherapy 11:30 AGT Show/Feb. Calendar 2:00 Black History Month Discussion 2:45 Bingo Fun	10:00 Coffee & Chronicle 11:00 Arts & Crafts 11:30 Current Event/Manicure 2:00 Friday Snack 2:45 Current Event	9:00 Shabbat Services-GC Followed by Kiddush
					<small>Groundhog Day</small>	
World Cancer Day 4	Make Believe Monday 5	Queen's Day 6	Beatles Arrive in US 7	Jack Lemmon Day 8	Chocolate Kiss Day 9	10
Morning Activity Cart 3:00 Bingo	10:00 Coffee & Chronicle 11:00 Lifting Weights! 11:30 Table Game/Watering Plants 2:00 Monday Snack 2:45 Beading Fun 7:00 Monday Trivia	10:00 Coffee & Chronicle 11:00 Yoga! 11:30 Tennis Ballon 2:00 Time for Snack 2:45 BINGO	10:00 Coffee & Chronicle 11:00 Follow the Leader Exercise 11:30 Bean Bags Toss 2:00 Afternoon Snack Cart 2:45 STRIKE 7:00 Wednesday Movie	10:00 Coffee & Chronicle 11:00 Listening to Music 11:30 Time for Movie! 2:00 Popcorn & Movie-MA "The Long Way Home" 2:45 Time for Bingo!	10:00 Coffee & Chronicle 11:00 Arm Stretches 11:30 Table Games 2:15 Oneg Shabbot-GC 2:45 Video Clips/History of chocolate	9:00 Shabbat Services-GC Followed by Kiddush
						<small>Chinese New Year (Year of the Dragon)</small>
Superbowl Sunday 11	Darwin Day 12	Pancake Tuesday 13	Ash Wednesday 14	Susan B. Anthony Day 15	Innovation Day 16	17
Morning Activity Cart 3:00 Scott Giaquinto	10:00 Coffee & Chronicle 11:00 Morning Exercise 11:30 Current Event 2:00 Basketball Game-MA 2:45 Arts & Crafts 7:00 Bingo	10:00 Coffee & Chronicle 11:00 Making Pancakes! 11:30 Videos Clips/Current Event 2:00 Afternoon Snack 2:45 Lets Play Bingo!	10:00 Coffee & Chronicle 11:00 Chair Exercise! 11:30 Memory Card Game 2:00 Snack Cart 2:45 Basketball Practice 7:00 You Tube Clips Distribution of Ashes	10:00 Coffee & Chronicle 11:00 Aromatherapy 11:30 Current Events/Manicure 2:00 Thursday Snack 2:45 Full Board!	10:00 Coffee & Chronicle 11:00 Silver Sneakers 11:30 Popcorn Game 2:15 Oneg Shabbot-GC 2:45 Movie/Room Visits	9:00 Shabbat Services-GC Followed by Kiddush
		<small>Mardi Gras</small>	<small>Valentine's Day</small>			
Nascar Day 18	Presidents' Day 19	Love Your Pet Day 20	Sticky Buns Day 21	Washington's B-Day 22	Purim Katan 23	24
9:00 Minyan & Breakfast-GC Morning Activity Cart 3:00 Deb Delucca	10:00 Coffee & Chronicle 11:00 Activity Workout 11:30 Sip & Paint 2:00 SNACK Cart 2:45 Solve a Puzzle 7:00 Bingo	10:00 Coffee & Chronicle 11:00 Yoga Balloon! 11:30 Balloon in the Air 2:00 Cookie Cart 2:45 Bingo Fun	10:00 Coffee & Chronicle 11:00 Music Listening 11:30 Trivia Game 2:00 Healthy Living Bingo-MA 2:45 Bowling Game 7:00 Armchair Travel	10:00 Coffee & Chronicle 11:00 Music Listening 11:30 Mr. Bean Episodes 2:15 Oneg Shabbot-GC 2:45 BINGO	10:00 Coffee & Chronicle 11:00 Yoga Time! 11:30 Memory Card Game 2:00 February B-Day Party-FL 2:45 Videos Clips/Room visits	9:00 Shabbat Services-GC Followed by Kiddush
	<small>Presidents' Day</small>					
Quiet Day 25	Old West Day 26	Retro Day 27	Floral Design Day 28	Leap Day 29	ATLAS AT DAUGHTERS OF MIRIAM FOURTH FLOOR	
Morning Activity Cart 3:00 Bingo	10:00 Coffee & Chronicle 11:00 Pattern Exercise 11:30 Table Game/Care Pants 2:00 Resident Council 2:45 Cool Painting! 7:00 Shooting Hoops	10:00 Coffee & Chronicle 11:00 Balloon Workout! 11:30 Current Events/Manicure 2:00 Tuesday Snack 2:45 Time for Bingo!	10:00 Coffee & Chronicle 11:00 Living with Faith 11:30 Lets Paint Flowers! 2:00 Mass & Rosary-MA 2:45 Lets Play Basketball 7:00 Music Appreciation	10:00 Coffee & Chronicle 11:00 Aromatherapy 11:30 Current Events 2:00 Popcorn Cart 2:45 Lets Play Bingo		